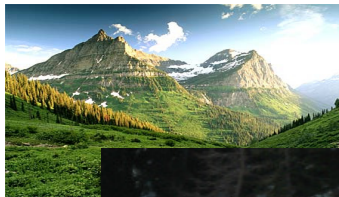




● **Northern Division**

**Alpine Competition  
Handbook  
2008-2009**



**Northern Division Manager**

Sherrri Hale

P.O. Box 217

Whitefish, MT 59937

**Phone:** 406.871.7429

**Fax:** 406.863.9350

**E-mail:**

[nodivmanager@centurytel.net](mailto:nodivmanager@centurytel.net)

**Web site:**

[www.northernussa.org](http://www.northernussa.org)

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# Northern Division Board of Directors

## President

Craig Krueger  
P.O. Box 1135  
119 Lakeside Blvd.  
Whitefish, MT 59937  
406-862-7781

[ckrueger@aboutmontana.net](mailto:ckrueger@aboutmontana.net)

## Vice President

Rick Duncan  
810 W. River Rd.  
Deer Lodge, MT 59722  
406-846-9631 (Home)  
406-560-5021 (Cell)  
[randlduncan@msn.com](mailto:randlduncan@msn.com)

## Secretary

Susan Krueger  
1303 Driftwood Dr.  
Bozeman, MT 59715  
406-586-2510 (Home)  
406-994-7748 (Work)  
[sbkrueger@hotmail.com](mailto:sbkrueger@hotmail.com)

## Treasurer

Jeff Haller  
8905 Pickering Lane  
Missoula, MT 59808  
406-721-1539 (Home)  
[jhaller@rmeec.com](mailto:jhaller@rmeec.com)

# Northern Division Alpine Competition Committee

## Alpine Competition Chair

**Roger Bay** Bridger  
Ski Foundation.  
406-581-6480  
[wajabay@yahoo.com](mailto:wajabay@yahoo.com)

## Voting Members:

### Dick Collins

Whitefish Mountain Race Team  
406-862-2912 office  
406-249-8569 cell  
[dickc@bresnan.net](mailto:dickc@bresnan.net)

### Jeremy Euland

Big Sky Ski Team  
406-579-7005  
[ski2moto@yahoo.com](mailto:ski2moto@yahoo.com)

### Chad Pavlick

Silver Run Ski Foundation  
406-698-4763  
[pavlick@hotmail.com](mailto:pavlick@hotmail.com)

### Jarod Roberts

Missoula Ski Education  
Foundation  
719-293-1427  
[jarod.roberts@gmail.com](mailto:jarod.roberts@gmail.com)

### Chris Smith

Casper Mountain Racers  
307-259-3278 cell  
[csmith08@bresnan.net](mailto:csmith08@bresnan.net)

### Rick Jacobs

Showdown Ski Team  
406-547-3587  
[bentoncreek@yahoo.com](mailto:bentoncreek@yahoo.com)

## Important Web Sites

### **FIS main web page**

[www.fis-ski.com](http://www.fis-ski.com)

### **USSA main web page**

[www.ussa.org](http://www.ussa.org)

### **Western Region web site**

<http://www.ussa.org/magnoliaPublic/ussa/en/sports/alpine/development/westernregion.html>

### **National Development System web page**

<http://www.ussa.org/magnoliaPublic/ussa/en/sports/alpine/development/nds.html>

### **Northern Division web page**

[www.northernussa.org](http://www.northernussa.org)

## Important Contact Numbers

### **USSA Membership Services**

P.O. Box 100

Park City, UT. 84060

(435) 647-2666 (hotline)

(435) 647- 2052 (fax)

e-mail: [membership@ussa.org](mailto:membership@ussa.org)

### **Lester Keller**

Western Region Director USSA

(435) 647-2035

e-mail: [lkeller@ussa.org](mailto:lkeller@ussa.org)

### **Sherri Hale**

Northern Division Manager

P.O. Box 217

Whitefish, MT 59937

Phone (406) 871-7429

Fax (406) 863-9350

[nodivmanager@centurytel.net](mailto:nodivmanager@centurytel.net)

### **Roger Bay**

Northern Division ACC Chair

(406) 581-6480

[wajabay@yahoo.com](mailto:wajabay@yahoo.com)

### **Mike Kelly**

Northern Division Officials Chair

8509 Panorama West Drive

Bozeman, MT 59715

(406) 580-9117 [mkellybzn@hotmail.com](mailto:mkellybzn@hotmail.com)

## Northern Division Background

- The Northern Division of the United States Ski and Snowboard Association was incorporated in the State of Montana in 1966 to provide a common corporate and administrative framework for snow sports, primarily ski racing, as conducted by affiliated clubs within several Montana communities and a few communities in Wyoming and South Dakota.
- At a February 17, 2001, Northern Division meeting of ski racing club representatives from Helena, Whitefish, Missoula, Anaconda, Bozeman, Big Sky, Red Lodge, and Casper, Wyoming, cast a unanimous vote to adopt By-Laws for a foundation named NORTHERN DIVISION AMATEUR SKI EDUCATION FOUNDATION. The Foundation is comprised of affiliated clubs organized within several Montana communities and a few communities in Wyoming and South Dakota. ***Each club pays dues of \$300.00 by September 1st per year to Northern Division.***
- The By-Laws for the Foundation prescribe how the Foundation will operate and the duties of its officers. Each Northern Division club in good standing that is also current in its dues payments may designate one representative to vote at each Northern Division general session meeting.
- All Northern Division (ND) affiliated clubs holding USSA sanctioned races must pay **national dues** to be member clubs of the United States Ski and Snowboard Association (USSA). This gives them the authority to hold USSA sanctioned events: "USSA club national membership is only \$125.00 and allows USSA competition clubs access to special programs such as allowing clubs to conduct USSA events and eligibility for USSA club insurance." Contact USSA Member Services at 435.647.2666 or send e-mail to: [membership@ussa.org](mailto:membership@ussa.org) for an application or to update club information.
- USSA levies a "head tax" of \$6.00 per start on all USSA scored events to fund USSA activities. A "USSA flat tax head tax" only applies to collegiate races and is \$125.00 per event, per gender. Additionally, USSA has a body of administrative rules that pertain to all USSA clubs and competitors.
- ND is a member of the Western Region (WR) of USSA, which sets the rules for regional teams and competitions: "The USSA WR is one of three USSA regions established under the authority of the Alpine Sports Committee and is responsible for the regulation of the sport of Alpine Ski Competition within the geographical area of the Western United States. It consists of the five western divisions: Alaska, Far West, Intermountain, Northern and Pacific Northwest." The WR Alpine Competition Committee establishes regional policies, procedures and operating rules for the Western Region.
- The ND President and ND Alpine Competition Committee Chair are automatically members of the Western Region Alpine Competition Committee, which levies a "head tax" on all Northern Division scored races and all non-scored races to fund Western Region activities.
- ND also establishes rules and fees to be charged by ND clubs for non-regional (local) USSA competitions held by ND clubs. As well, it establishes rules of conduct and selection for its teams that travel to regional events. ND levies a "head tax" on non-regional USSA events held by ND clubs so as to fund ND activities.

- As a general matter, the Federation Internationale de Ski (FIS), of which USSA is a member, establishes the technical and safety rules that must be followed when hosting or participating in a ski competition. The USSA Competition Guide closely follows FIS rules. Therefore, when a USSA member club or participant has a technical or safety related question, it may refer to the current FIS manual and the USSA Competition guide for an answer.

## Insurance

- The USSA Competition Guide requires all USSA members to have valid and sufficient medical and accident insurance coverage and to accept full responsibility for provision of coverage as a condition of participation in training and competition, unless they have signed a medical insurance exception agreement. Members acknowledge their responsibilities when they become members of USSA each year by signing release statements. Additionally, ND member clubs may carry insurance to protect their interests. USSA insurance coverage is secondary to that carried by individual athletes and ND member clubs.

## USSA Alpine Program Information

### Competition Categories (page 14 USSA Competition Guide 2008-2009)

- |                                      |                           |
|--------------------------------------|---------------------------|
| ○ Youth (non scored)                 | Ages 12 years and younger |
| ○ Student (non scored)               | Ages 13 years and older   |
| ○ Competitor (scored)                | Ages 13 years and older   |
| ○ FIS Competitor (USSA & FIS scored) | Ages 15 years and older   |
| ○ Masters Racing                     | Ages 21 years and up*     |

\*a racer born in 1982 or earlier may compete in either masters or seeded competition or both, depending on the rules of a specific region. He or she must have a competitor and a masters membership in order to participate in both programs.

### Age Classes

#### Juniors (J)

- |      |  |
|------|--|
| • J5 | Ages 10 and under (born 1998 or later) |
| • J4 | Ages 11-12 (born 1996, 1997)           |
| • J3 | Ages 13-14 (born 1994, 1995)           |
| • J2 | Ages 15-16 (born 1992, 1993)           |
| • J1 | Ages 17-19 (born 1989, 1990, 1991)     |

#### Adults (A)

- |        |                               |
|--------|-------------------------------|
| • SR/A | Ages 20 (born 1988 and older) |
|--------|-------------------------------|

## USSA & FIS POINTS LIST 2008-2009

The deadline to be included on the first alpine FIS points lists is June 1st. To assure that your membership is processed for inclusion on any list, your membership materials must be received by USSA at least seven days prior to a closing date. Registrations are not considered received until they are complete. It is the athlete's responsibility to ensure that his or her USSA and/or FIS membership registration is received; you can contact USSA member services (435.647.2666) to check the status of your application.

To compete in a USSA Sanctioned Event, an athlete must be a member of USSA.

To compete in a FIS Sanctioned Event, an athlete must be a Competitor member of USSA and have a FIS number by being Inscribed with FIS. Athletes who inscribe with FIS will only receive their FIS number and be able to compete in FIS events at the valid date of the next FIS List.

USSA and FIS points are not continually being updated; they are recalculated for each new list. For more information on how points are calculated, see chapter 3 of your USSA Alpine Competition Guide.

### 2008-2009 Alpine Points List Dates

	USSA	USSA	FIS	FIS
	Close	Valid	Close	Valid
List 1	June 15	July 1	June 30	July 1
List 2	Aug 31	Sept. 4	Aug 24	Aug 28
List 3	Oct. 26	Oct. 30	Oct. 19	Oct. 23
List 4	Nov. 16	Nov. 20	Nov. 9	Nov.13
List 5	Dec. 7	Dec. 11	Nov. 30	Dec. 4
List 6	Dec. 28	Jan. 1	Dec. 21	Dec. 25
List 7	Jan. 18	Jan. 22	Jan. 11	Jan. 15
List 8	Feb. 8	Feb. 12	Feb. 1	Feb. 3
List 9	Mar. 1	Mar. 5	Feb. 22	Feb. 26
List 10	Mar. 22	Mar 26	Mar. 15	Mar. 19
List 11	Apr. 12	Apr. 16	Apr. 5	Apr. 9
List 12	May 3	May 7	Apr. 26	Apr. 30
List 13	May 25	May 28	May 17	May 21
List 14	June 1	June 30		

## **FIS Rules**

- Please refer to the current printing of the FIS manual, books and rules that govern the technical aspects of ski racing and ski racing competitions, including equipment specifications when racing in FIS races.
- The FIS web site can be found at [www.fis-ski.com](http://www.fis-ski.com).
- To participate in a FIS race, including any Western Region FIS race, a FIS license or FIS provisional license must be acquired before the first team captain's meeting for the series in which a racer is participating.
  - Only athletes born in 1993 or earlier are eligible for FIS registration.
  - To appear on the July 2008 list, a FIS membership form must be received and processed no later than June 1, 2008. To appear on the November 2008 list, a FIS membership form must be received and processed no later than September 24, 2008. Check your USSA Competition Guide for complete FIS list information.
    - A FIS license may be purchased for \$80.00 before August 16<sup>th</sup>, 2008; after that date, the cost will be \$150.00.

## **USSA RULES**

- Please see the USSA web site ([www.ussa.org](http://www.ussa.org)) or 2008-2009 Competition Guide for individual competitor ski racing equipment specifications applicable to USSA sanctioned races.

### **USSA Code of Conduct**

(<http://www.ussa.org/magnoliaPublic/ussa/en/about/codeofconduct.html>)

### **USSA Code of Conduct**

Membership in the United States Ski and Snowboard Association is a privilege, not a right. All USSA members (athletes, coaches, and officials) when participating in any USSA activity must agree to conduct themselves according to USSA's core values of Team, Loyalty, Integrity, Respect, Perseverance, and Accountability and abide by the spirit and dictates of this Code of Conduct. All members must agree to comport themselves in a sportsmanlike manner, and are responsible for their actions while attending or participating in all USSA activities (including but not limited to camps, competitions, and projects).

Sportsmanlike conduct is defined as, but is not limited to: respect for competition officials, resort employees, and the skiing and snowboarding public, respect for facilities, privileges and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs.

While participating in any USSA activity:

1. USSA members shall be subject to the jurisdiction of the International Ski Federation Statutes, the United States Olympic Committee Bylaws, the USSA Bylaws, and the USSA Code of Conduct.

2. USSA members shall conduct themselves at all times and in all places as befits worthy representatives of the United States of America, the United States Olympic Committee, USSA, their region, division, state or club and in accordance with the best traditions of national and international competition.
3. USSA members are responsible for knowledge of and adherence to competition rules and procedures. Members are also responsible for knowledge of and adherence to the rules and procedures of the USSA national teams, camps or other projects when participating in such.
4. USSA members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well-being of others, and courtesy and good manners.
5. USSA members shall abide by USSA rules and procedures while traveling to and from and participating in official USSA activities.
6. USSA members shall abstain from illegal and/or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21. Members under 21 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official USSA or event organizer function.
7. No USSA member shall violate the customs, travel or currency regulations of a country while traveling with a USSA group or on a USSA ticket.
8. No USSA member shall commit a criminal act.
9. No USSA member shall engage in any conduct that could be perceived as harassment based upon gender, age, race, religion or disability.
10. USSA members will avoid profane or abusive language and disruptive behavior.
11. USSA members agree to abide by anti-doping rules and procedures established by WADA, USADA, and/or FIS.

Failure to comply with any of the above provisions may lead to disciplinary action by the appropriate team or competition leader. Disciplinary action may include:

- Removal from the team trip or training camp.
- Suspension from training and/or competition.
- Elimination of coaching, travel, and other benefits.
- Forfeiture of USSA membership.

USSA is committed to principles of fairness, due process and equal opportunity. Members are entitled to be treated fairly and in compliance with USSA's Bylaws, policies and procedures. Members are entitled to notice and an opportunity for a hearing before being prevented from participating in protected competition as that term is defined by the USOC Bylaws. Information on the processes for grievances, suspensions and appeals is available at [www.ussa.org](http://www.ussa.org).

Nothing in this Code shall be deemed to restrict the individual freedom of a USSA member in matters not involving activities in which one could not be perceived as representing USSA. In choices of appearance, lifestyle, behavior and speech while not representing USSA, competitors shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of the USSA. However, in those events where one is representing or could be perceived as representing USSA, USSA demands that its members understand and agree to behave in a manner consistent with the best traditions of sportsmanship and USSA's core values.

Last revised May 18, 2008

- The current printing of the USSA Competition Guide specifies competition categories and license requirements for each category (youth non-scored, student non-scored, competitor scored, FIS competitor scored, and masters), age classes (A and J1-J5), medical and accident insurance requirements, alpine ski racing disciplines (slalom, giant slalom, downhill, super giant slalom, and combined), how races are scored and points awarded to racers, national and regional team selections, and races, as well as officials divisional races schedules in effect at the time the Guide is published. The USSA Technical Race Guide and Specifications are also included in each printing of the Competition Guide. The current competition guide can be found on the USSA web site under forms and publications.  
(<http://www.ussa.org/magnoliaPublic/ussa/en/sports/alpine/rules/compguide.html>).

## Western Region Rules

- Please refer to the Western Region home page on the USSA web site ([www.ussa.org](http://www.ussa.org)) for the rules that pertain to Western Region competitions and Western Region teams. (<http://www.ussa.org/magnoliaPublic/ussa/en/sports/alpine/development/westernregion/rulesandprocedures.html>)

## Geographic Affiliation/Designation (Page 136 USSA Comp Guide)

A racer shall race in the region/division/state in which he/she resides, or in which he/she is attending school and/or training on a long-term basis. The choice (designation) should be based on where the racer spends the greatest part of his/her ski season. The designation must be made at the start of the season and must be abided by the racer, for the entire season. Any conflicts must be resolved before participation contact the regional office.

Requests for in-season changes of affiliation must be made in writing to the national competition director. Such in-season changes may result in loss or default of regional/divisional/state qualifying status.

## Northern Division Rules

### Individual Membership in Northern Division

- Every ND club must be a member club of USSA
- Every person racing in a USSA Sanctioned race conducted by a club affiliated with ND must be a current member of USSA, as specified in the USSA Competition Guide. Additionally, each person must be a member of ND, with the following fees, per the USSA registration form:
  - Before October 16: Competitor 13 years and older = \$25.00
  - Before October 16: Youth Competitor Under 12 years = \$20.00
  - After October 15: Competitor 13 years and older = \$40.00
  - After October 15: Youth Competitor Under 12 years = \$30.00

## Individual Membership in USSA

- Each competitor in ND races must have a USSA membership. He or she should consult with his or her coach to determine which license to buy. Age 12 years or younger competitors as of December 31 of the current season must purchase a USSA Youth membership. Age 13 years and older must purchase a student membership or competitor membership. Age 15 years and older competitors may need to purchase a FIS license too. (See FIS section above)

## ND Code of Conduct

- In addition to the USSA Code of Conduct, ND establishes the following:
  - Any parent, athlete, coach, volunteer, or official that physically assaults or threatens any volunteer, athlete, or official shall be considered as having committed a minor offense and will be given a warning. If the abuse continues, it will be considered a second offense. The individual doing the abusing shall be required to leave the race arena for the remainder of the day. The race will be stopped until that individual leaves. If this individual refuses to leave the race arena, the ski patrol will be asked to remove this individual from the hill. This shall be considered a third offense and this individual (volunteer, official, athlete, or coach) will not be allowed at any race venue for a time period of a year. Any infraction of this rule will be included on the TD report and a copy will be sent to the Officials Committee. The only appeal will be through the ND Board of Directors, but the penalty will stand until the ND Board of Directors decides.
  - ND teams (athletes and coaches) traveling out-of-division represent the Northern Division. All traveling athletes and coaches are required to sign a ND Code of Conduct Contract, Medical Release, and Financial Agreement annually. These forms can be found on the ND web site ([www.northernussa.org](http://www.northernussa.org)) and are due December 1<sup>st</sup>, annually. **In order to appear on selection boards, all these forms must be on file at the divisional office.**
  - Team members' appearance and conduct shall be of the highest quality at all times. Any unreasonable conduct or undesirable personal appearance will result in the team member being immediately removed from the team. All team members shall follow training schedules and other reasonable demands made of them by the team coaches.

## ND Races, in General

- Each club bidding to host a USSA sanctioned race within the ND must agree to enforce all current USSA rules and requirements at the race.
  - In addition, it must satisfy all USSA and ND administrative requirements, such as the payment of appropriate head taxes and timely submission of official race results.

- Its race announcement must allow adequate time to register for the race, and its fee schedule must conform to that established by ND, Western Region, and USSA.
- For individuals and ND clubs entering athletes in the race of another ND club, all entries must be made as required on the race announcement. Entries must be sent with entry fees by the time set in the announcements.
  - The ND ACC reserves the right to establish policies regarding cancellations, withdrawals, and non-participation of racers, and refund of entry fees not inconsistent with USSA or Western Region policies.
  - **ND has submitted that the deadline for pulling athletes from start lists eligible for full refund (with exception for illness, injury or family emergency) must be made by 5:00 p.m. the previous day.**
- At all ND races, the host clubs shall provide first through third place medals for each of the A, J1-J5 classes. Ribbons may be presented to subsequent places, at the discretion of the host club.
  - **At A-J3 races, the number of comped entries and lift tickets will be left up to the discretion to local race organizing committee.**
- Seeding and start orders for scored ND events shall be administered according to the current printing of the USSA Competition Guide. The TRS method (see USSA Competition Guide) shall be used for non-scored events. A J4/J5 competitor who is disqualified (DSQ) or does not finish (DNF) in a non-scored event shall be given a second run; he or she will not be eligible for an award. If the event is a qualifier for J4's, it is up to a vote of the jury and a representative from each respective club to decide whether or not J4's will be allowed to run ahead of all the other classes.
- **ND has left is up to the discretion of the host club to utilize a one-run race format for J5's and younger.**
- **ND has assumed the Western Region Travel Policy. All fees associated with participation in divisionally conducted training and/or Northern Division competition projects are due prior to the start (travel day if applicable) of the project in the divisional office. No services will be rendered to athletes who have not made payment prior to the beginning of any project. Applicable fees are announced at the time the selection list or quota is announced. Athletes who choose not to participate in team lodging must notify the divisional manager at the time selections are made, when confirming attendance. Athletes not in good standing with Northern as of travel day of all divisional quota events are subject to immediate sanctioning. Good standing is defined as current USSA and Northern Division membership and no outstanding debts owed the division. Refunds will be granted for withdrawal from projects or competition trips or for partial attendance for injury, illness, or family emergency on the following schedule:**
  - 100% 14 days prior to the first day of the project**
  - 75% Seven days prior to the first day of the project**
  - 50% Zero to six days prior to the first day of the project**
  - ? Recoverable costs only after beginning of the project**

## Entry and Head Tax Fee Schedules:

- It is the responsibility of the race organizing committee to use the ND Head Tax calculation sheet to submit the proper amount of head taxes due to USSA, WR, and ND within ten (10) days of the last race of the event. Head Tax should accompany the results.
  - Only named United State Ski Team members (A, B, C, and D) are exempt from head Tax.
- **The entry fee schedule payable to the host ND affiliate club for individuals competing at ND affiliate club races is as follows for the 2008-2009 season:**
  - Scored Technical Race: \$25.00 per start
  - Scored Speed Race: \$28.00 per start
  - Scored Speed Training: \$30.00 per series
  
  - NON Scored Technical Race: \$15.00 per start
  - NON Scored Speed Race: \$18.00 per start
  - NON Scored Speed Training: \$10.00 per series
  
  - Western Region FIS Entry Fee: \$35.00 per start
  - Western Region FIS Speed Training Fee: \$30.00 per series
- **The head tax fee schedule for a club hosting a USSA race is as follows - (WR head tax is not charged on J3 Olympics/J4 Festival):**
  - **Scored Race USSA Head Tax:** \$6.00 per head/per start  
\*Collegiate race are charged a USSA flat head tax of \$125.00 per race/per gender
  - **Scored WR Head Tax:** \$2.00 per head/per start
  - **Scored ND Head Tax:** \$7.00 per head/per start
  
  - **NON Scored USSA Head Tax:** \$0.00 per head/per start
  - **NON Scored WR Head Tax:** \$1.00 per head/per start
  - **NON Scored ND Head Tax:** \$7.00 per head/per start
- **The head tax fee schedule for a club hosting a WR FIS race is as follows, for each race (excluding NorAm, World Cup, and National Championships)**
  - **FIS USSA Head Tax:** \$6.00 per head/per start
  - **FIS WR Head Tax:** \$12.00 per head/per start  
\* FIS University Races are excluded from WR head tax
  - **FIS ND Head Tax:** \$7.00 per head/per start
  - **FIS University Races** are excluded from ND head tax

# ND Calendaring Philosophy & Procedure

## Calendar Philosophy and Procedures

The Northern Division annual competition calendar is athletically based, uses periodization, and takes into consideration the quality of competition. The ND calendar uses an integrated top down approach; with block scheduling, marker events with clear path rewards. The calendar process begins shortly after the end of the season after we get the first drafts of the Western Region and NorAm calendars. Key considerations made while constructing the upcoming calendar are racer management and site selection.

Racer management involves periodization, peak events, focal series, training periods, secondary series, competition blocks, rest and recovery periods, and physical training. The ND ACC tries to ensure block scheduling so programs can tailor their training around key events at various times of the year. For instance, the ND calendar is constructed to offer a technical opportunity in January, a speed block opportunity in late January to early February, another couple of technical opportunities in late February and March, with Western Region and Divisional Championships occurring mid to late March.

## Guidelines:

- All Northern Division clubs will have a template of the calendar prior to June 1<sup>st</sup> and prior to the summer Northern Division meeting for review sent via e-mail from the ACC and Calendar Chairs.
- Prior Land Owner / Mountain Mgr. approval in place prior to bidding at the summer meeting.
- All Northern Division clubs wishing to bid on a race series must be present at the Northern Division Summer meeting or designate a knowledgeable representative to represent their respective club and area at the summer meeting.
- Consider Geographic's and discipline that fall into a time line that will flow into a logical progression. Integrate Western Region, Collegiate and Northern Division calendars.(Trying to prevent overlap)
- Create a calendar that promotes 4 event skiers.
- Site selection, event organization and hill preparation / cooperation should be considered. Race organizations are responsible to ensure that they have enough certified individuals to host the level of event they are bidding on. It is also their responsibility to have enough safety protection and equipment available to run an event in a safe manner.
- Northern Division Clubs hosting major events i.e.; Western Region FIS, Junior Olympics, Nor-Ams, any FIS or championship events should not be strained in any way from the Northern Division calendar.
- All sites selected for events for the up coming season must understand the allocation of Head Tax and know the deadlines for submittal.
- All sanctioned events that are bid on must have current Homologation papers. Technical Homologations are every 10 years; Speed Homologations are every 5 years.

# Northern Division Race Series

Northern Division race series allows skiers of all ages an opportunity to compete. The ladder of ski racing is designed so that beginning, novice racers can easily get involved in the sport, and the experienced, elite racers can advance on to regional, national, and international competition. The current 2008-2009 season Northern Division calendar of events can be found at [www.northernussa.org](http://www.northernussa.org).

## YSL Race Series

The Youth Ski League (YSL) race series is a non-scored race. Youth Ski League racing is a nationally organized program for athletes 13 years of age and younger interested in ski racing. This program is being run in conjunction with the local ski clubs and ski schools. This program provides fun and instructional racing for young skiers. You are invited to enter any J3, J4 and J5 racers in Northern Division. This race series is open to any athlete who wishes to just compete and not develop a point profile. The YSL series consists of four weekend races and one ND Championship weekend in March. The four weekend races serve as the qualification race series for J4's. J4's can qualify to represent ND at the Western Region J4 Festival through the ND four weekend YSL race series. The ND YSL Championship event does not count for qualification.

All racers compete in the same races. The J4, J5, and J3's are maintained as separate fields with their own start lists and are run separately. Races start with the J5's running first, then J4's and the J3's last. The starting order is determined by the TRS method, random draw, which is reversed for second run in GS and SL races. J4/J5 competitors are allowed to start the second run even if they disqualified or did not finish the first run, but they are ineligible for awards. If the event is a qualifier for J4's, a vote can be taken by the jury and a representative of each club as to whether or not the J4's run ahead of all other classes.

## WR J4 Festival Selection Process

- To be eligible for J4 Festival selection, a competitor must hold a current USSA competitor license and have Northern Division Forms turned in at the divisional office.
- Selection will be made by using the ITS method (see USSA Competition Guide). It will be based on the sum of the two best world cup point results in each event from the YSL J4 Qualifiers.
- An athlete must have competed in at least one YSL qualifier in each of the following disciplines: 1 slalom (SL), 1 giant slalom (GS), and 1 super G (SG).
- The J4 Selection Boards will be arranged in order of slalom, giant slalom, and super G.
- Ties in a discipline will be broken by the competitor's third best result in the given discipline at the YSL J4 Qualifiers. If necessary, the Northern Division Alpine Competition Chair may be called upon to further address a tie-breaker issue.
- **The selection board put together by the ND Manager and approved by the ND ACC is the official selection board. The ND ACC and ND**

**Manager will announce the J4 Festival Team after the selection board and selections are approved by the ND ACC.**

**Northern Division A-J3 Race Series**

The ND A-J3 race series is a race series open to all A-J3 racers, 13 years and older, who hold a USSA competitors license. This series consists of three scored qualifying race series weekends and for 2009, two open weekends, and the Over the Hill Gang races in late March. Three of the weekends serve as the qualification series for the WR J3 Junior Olympics and WR Jr FIS Championships. The open series will be considered towards Northern Division Gold Points in 2009, but do not count towards qualification. The Over the Hill Gang race serves as the USSA championship event for the division for this age group.

**ND Western Region J3 Junior Olympics Selection Process:**

- To be eligible for J3 Junior Olympic (JO) competition, a competitor must hold a current USSA competitor license and have all Northern Forms on file.
- Selection will be made by using the ITS method (see USSA Competition Guide). It will be based on the sum of the two best world cup point results in each event from the J3 JO Qualifiers.
- An athlete must have competed in at least one A-J3 qualifier in each of the following disciplines: 1 slalom (SL), 1 giant slalom (GS), and 1 super G (SG).
- The J3 Selection Boards will be arranged in order of slalom, giant slalom, and super G.
- Ties in a discipline will be broken by the competitor's third best result in the given discipline at the J3 JO Qualifiers, then lowest race points as calculated per USSA standards of results from the best two out of three J3 JO Qualifiers.
- **The selection board put together by the ND Manager and approved by the ND ACC is the official selection board. The ND ACC and ND Manager will announce the J3 Junior Olympic Team after the selection board and selections are approved by the ND ACC.**

**ITS Method – page 34 USSA Comp Guide 2009**

The order of each event is arranged into separate vertical columns, best on top, last on the bottom. The columns are arranged normally from left to right: DH, SL, GS, SG. Selection is accomplished by taking the top row of names (DH, SL, GS, SG) then going to the second person in the first column. Continue across the columns. If a name comes up a second (or more times) it is skipped. Always skip across from left to right, not down for repeats.

ITS J3/J4 Selection Board Example:

<b>SL</b>	<b>GS</b>	<b>SG</b>
E	D	C
A	B	B
B	C	A
C	E	E
D	A	D

ITS Selections in order: E, D, C, A, B,

### **ND Western Region J1-J2 Championship Selection Process:**

- The Regional Selection Board Procedure will be used (see USSA Competition Guide page 34-35).
- A six column board using both technical and SG speed events will be used. All Northern Forms must be on file.
- To be eligible, a competitor must compete in ND A-J3 Qualifier races in at least one technical and one speed discipline.
- The world cup portion of the board will be based on the best two results in each discipline of the A-J3 Qualifiers.
- The seeding point portion of the board will be based on the current published USSA National Points list at the time the board is computed.
- Ties on either board will be resolved by the athlete's position on the other board in that discipline.
- The boards will be arranged in the order of slalom, giant slalom, SG.
- If an out of high school J1 wants to be placed on the boards, a Northern Division Intent to Compete form must be submitted to the Northern Division Manager by February 1<sup>st</sup>.
- **The selection board put together by the ND Manager and approved by the ND ACC is the official selection board. The ND ACC and ND Manager will announce the J1-J2 WR Championship Team after the selection board and selections are approved by the ND ACC.**

### **Other Junior Olympic/Championship event matters:**

- The ND ACC may pick up to 20% of JO and Championship athletes in each class using its discretion. This may be done because an athlete may have been participating in a National Devo or Western Region project at the time of the A-J3 JO and Championship Qualifiers, or for athletes with an ACC approved medical release at the time of the A-J3 JO and Championship Qualifier.
- Seeding for J3/J4 athletes will be done in the order of selection from the selection board, although the ACC may use its discretion in seeding athletes, too. Seeding will be completed prior to the due date for athlete payment to attend J3 Junior Olympics/J4 Festival; furthermore, each athlete will be notified of his or her seeding positions at the time they are asked for their commitment to attend the J3 Junior Olympics/J4 Festival.

## **Western Region Race Series and Events**

**(From the Western Region Policies and Procedures Manual 2008-2009)**

The USSA Western Region is one of three USSA regions established under the authority of the Alpine Sport Committee and responsible for the regulation of the sport of Alpine Ski Competition with the Geographical area of the Western United States. It consists of the five western divisions: Alaska, Far West, Intermountain, Northern, and the Pacific Northwest. The Western Region (WR) offers the first level of FIS competition to Northern Division athletes.

## **Western Region Team 2008-2009**

**Purpose:** The Western Elite Ski Team (W.E.S.T.) is designed to provide athletes that are on the track for national team selection the appropriate training and preparation. The goal of the team is to enhance future performance through the application of sound planning and training experiences. The team is also intended to provide appropriate recognition to the best clubracers from the region. Its primary target is for athletes who are FIS eligible and on target to become members of the USST D or C team members. The team serves to enhance development opportunities for future national team members. It is not intended to be an All-Star team.

All members of the USA National Alpine Team, who are from the Western Region, are honorary members of W.E.S.T. Team Size: 0-12 men, 0-12 women based on the criteria listed below and the evaluation of realistic potential to be named to the national alpine C or B team according to the published objective criteria's of those squads. Team size may exceed 12 based on in-season promotion described below.

### **Methods**

A regional training group will be named in the spring of each year based on past season performance and future plans of the athlete. This process uses an objective selection method for the identification of 4/5, eighty percent, of the group utilizing the NDS Clear Path methods and the Standings of the Prior Year Kyle Warren Awards. This group will be the camp invitees for the preparation period of the elite regional team candidate level camps. The regional coach will establish a performance contract with training group members that outlines training goals for the preparation period.

The regional coach will participate in the management of the athlete via communication with the home program coaches and the monitoring of the athlete's individual program. The training group will include the exceptional J3s of the Whistler group as well as other Junior Olympic standouts.

### **Objective Criteria 2008**

The following are criteria for being objectively qualified to be named to the regional team for the 2008-2009 competition season:

- Selection to represent the USA in the World Junior Championships in the prior season
- Junior podium, top 3, performance at the US National Alpine Championships, any discipline
- Podium performance at the J2 National Junior Olympics, any discipline, WJC Format, top 6
- Whistler Cup or Topolino Gold Medal, provided the athlete will be competing as a J2 in the coming season
- US National Alpine Championships, Top 15 in any discipline other than combined
- Nor Am Cup Standings, Top 20 in any discipline
- US National Rank of top 5 of all juniors in any discipline
- Discipline winner of the Kyle Warren memorial in the prior season and first placing still a junior in the coming season
- Past members of the USST A or B Alpine teams who remain active FIS racers will continue to be recognized as honorary members of W.E.S.T.

Any athlete not named to the team that wins a Western Elite series race during the competition season will be named to the team for the remainder of the season and the following season, provided they are Western Region athletes, and remain in the Western Region and do not meet any of the conditions that disqualify them from consideration (below).

## **Selection**

The team will be named at the conclusion of the preparation period, between November 1 and November 15. Membership on the team is in effect until June 1 of the following season. Naming will be based on the objective lists used to establish the training group for the summer projects plus: summer activity, winter plans, time trials and other subjective evaluation. Team members will be required to establish a performance contract and a winter competition plan with the regional staff.

Team members may be named to the team subjectively by a selection group made up of the Regional Coach, the regional Director and the ACC Vice-Chair. Subjective selections may not make up more than thirty percent of the total team size; in years of a large number of objectively qualified team members this percentage will decrease to 20%.

## **Ineligibility**

Individuals will not be considered for the regional team who:

- Are members of college teams pursuing titles outside of the USSA/USST track to the national teams such as NCAA or USCSA
- Do not have two physical fitness evaluations, one in spring and one in fall (to begin in the 2009-2010 preparation period)
- Have USSA or FIS ranking profiles that are ascending in multiple disciplines
- Have had a disciplinary suspension, sanction, or probation for a USSA Code of Conduct violation in the prior season or during the preparation period that has been imposed and upheld.

## **Benefits**

Team members will have priority for discretionary selection to regional quotas for races that are part of their competition plan. Team members will be excused from any regional and/or divisional participation requirements that conflict with sound athletic preparation. The regional coach and home program coach will collaborate on the plan, which is to be reviewed by the regional director and appropriate divisional representative. Deviations from the plan that impact participation must be discussed with and approved by the Regional Director. Team members will receive a uniform signifying their membership on the team.

## **Western Region Quota Selection Procedures for National and International Races (From WR Handbook 2008-2009)**

Western Region has quotas for the various national events, US Alpine National Championships, NorAm, and National FIS Series races as well as at FIS and FISU series in the other regions of USSA. The Western Region ACC has established procedures for filling these quotas. To be considered for any of these events, racers must declare their interest in the events according to the procedure and schedule in the Western Region Intent to Compete procedure. Additionally, racers must complete and return a Western Region Medical Release and a Western Region Team Agreement. Forms are available from the Western Region office and via these web pages under Forms. Only current season USSA members who have the proper membership and are Western Region athletes as defined in the USSA bylaws, and only those competitors who have participated in current season Western Elite FIS Series events will be eligible for these events. Exceptions may be granted to racers who are unable to participate due to involvement in a conflicting USST or National Development System projects, injury, illness, or other extraordinary circumstances. All racers excused for injury or illness must supply a medical clearance from a licensed physician to be included on a team. Eligibility for quotas has prerequisites. Racers who wish to be included in some or all of these quota selections must meet these. Racers are responsible for knowing what these requirements are and for meeting them. They include but are not limited to being current in financial standing for regional, NDS, and Divisional projects. Requests to participate in other regions' FIS races must be received by the divisional offices in time for the divisions to meet the regional deadline (21 days). Entry fees are

the responsibility of the individual competitor or team captain of a divisional development trip and must be paid according to the policies of the division or region hosting the event.

**Regional and Divisional Intent to Compete Declaration Method, 2008-2009**

Intents will be used to construct Regional Selection Boards for:

- US National Alpine Championships
- US Continental Cup NorAm competitions
- Canadian NorAm Competitions (national quota)
- US National J2 Olympic Championships
- Canadian FIS competitions (national quota)
- Canadian National Championships (national quota)
- Rocky-Central FIS competitions
- Eastern Region FIS competitions
- FISU competition (national quota)

Intents will be used to construct Northern Division Selection Boards for:

- Western Regional Open Series
- Western Regional J2 Classification Series
- Western Regional FIS Elite Race Series
- Western Regional FIS Devo Series
- Out of Division USSA competitions

Intents will be due on the first of each month for the following month's competitions:

- October 15 for competitions in November Races
- November 1 for competitions in December
- December 1 for competitions in January
- January 1 for competitions in February
- February 1 for competitions in March
- March 1 for competitions in April

Intents will expire. Only one month at a time will be considered; example: Intents declared October 15 for November races expire October 31 and no December- April races will be considered during October. Intents will not be considered that are not for specific races. Intents will not be considered that state something like "anything I qualify for". Conflicting races must be prioritized. Intents will be accepted for Full Series only.

Intents for the above race categories are to be electronically transmitted to the regional director with a copy to the respective divisional selection person by the primary club coach or club director for all club members. **Intents for the above divisional race categories are to be electronically transmitted to the Northern Division ACC Chair as well as the Northern Division Manager.** The electronic transmission must be in the form of a FIS entry inscription as per Western Entry procedure listing FIS number, Full name, YOB, current FIS points, USSA number, and USSA points.

Intents ***MUST*** be in the following format.

Instructions:

1. Use a plain Excel spreadsheet with no special features as an attachment to your message. Do not send the information in the body of the email text.
2. Don't send Zip files.

3. Use a separate workbook page for each gender
  4. Each Series of races should be included in a separate list
  5. Do not cut and paste out of the USSA points list from the web. The point values do not transfer from your attachment
  6. Use Arial as the font type
  7. Use 10 point as the font size
  8. Do Not use **Bold**, *Italic*, or Underlined type
  9. Do Not use color type or background
  10. Do Left-hand align
  11. In column 1 list the FIS # of the athlete
  12. In column 2 list the name of the racer, as it appears on the FIS list, last name first, example = Smith, Joe R.
  13. In column 3 list his/her 2 digit YOB, 1988 = 88
  14. In column 4, 5, 6, 7, (as many as necessary for the number of events) list the **USSA** points on the list valid on the selection date (same as deadline dates Oct 1, Nov 1, Dec 1) for the disciplines contested in the races intended. Order is DH, SL, GS, SG, the same as the FIS entry form
  15. In the next 1-4 columns list the valid **FIS** points on the same day of selection, again for the disciplines being contested.
  16. In the last column list the USSA number
  17. **Do Not** apply for athletes ineligible under USSA rules:
    - a. Racers must have less than 100 USSA points in a discipline to be contested to go to Canada.
    - b. Racers must have under 120 points in a discipline to be contested and have been selected to an WR Elite FIS race to go to an out of-Region elite FIS race.
    - c. Racers must have less than 120 FIS points to race in NorAm competitions. Development nominations are exempt from this requirement but NorAm development requests originate in this office so that does not impact this procedure.
    - d. The region does not enter foreign athletes.
    - e. See your competition guide for more information.
- All quotas in Canada are national and determined by national rank using FIS points by the national office.
  - Ranking lists will be constructed for selection purposes based on the USSA points valid on the due date for the coming month.
  - The clubs of the selected athletes will be notified as soon as the boards are done, electronically. Clubs will have 72 hours to confirm or pull athletes. Unconfirmed athletes will be dropped.
  - Athletes who do not attend confirmed races in the Canadian FIS or out-of-region USA FIS category without an extremely valid reason (injury, sickness, family tragedy, faced with academic failure) will not be considered for those categories for one year. All athletes who are selected and confirmed for any category of competition who cannot attend must be accounted for by contact to the regional director. **For ND Projects all athletes who are selected and confirmed for any category of competition who cannot attend must be accounted for by the divisional manager and may still be liable for their portion of the project expense unless the divisional manager is able to obtain a refund. See refund policy.**

## Northern Division Travel Policies

- All Northern Division member athletes placing intent to travel with a Northern Division team during the 2008-2009 season will need to file their paperwork with the divisional manager by December 1, 2008. This includes collegiate athletes wishing to be placed on the ND Selection Board as all athletes entered into race series out side of the division representing Northern Division USSA.

### **Required Paperwork by December 1, 2008:**

- Financial agreement providing either a valid credit card number or \$1,000.00 deposit
- Signed Northern Division Code of Conduct
- Signed Northern Division Medical Release

### **It is the athlete's responsibility to maintain a current address, e-mail address, and phone number with the Northern Division Manager**

- All athletes are required to be in current financial standing with the Division in order to continue to participate in divisional projects at out of division races. For the 2008-2009 travel season, Northern Division will require a credit card number (Visa or MasterCard only) to be used by the Northern Division Manager when payments for Northern Division projects and races are not submitted in a timely fashion. An athlete may substitute a \$1,000.00 deposit in lieu of a credit card number.
- It is understood that in order for an athlete to continue to receive Northern Division support at regional events their accounts must hold a zero balance. If payments are not made by the first day (including travel days) of a project/race series, the Northern Division Manager will charge the credit card or use the \$1,000.00 deposit provided to the division in the financial agreement.
- If an athlete does not stay financially current with the division, the division **Will Not** offer any athlete support in the form of:

Coaching, including representation at team captains meetings

Ahlete will be totally self-sufficient, on their own for transportation, food, and lodging.

## **Western Region Race Series and Championships** **(From the Western Region Policies and Procedures Manual 2008-2009)**

### **Western Elite FIS Series**

The series started with a nationally scored December downhill series and a January technical series in 1982. In 1983 the Spring Series was added and the events were FIS sanctioned for the first time. 1985 saw the addition of super G to the series and starting in 1986 a second DH/SG event in late January was added.

The series ordinarily consists of four events and for 2009 there will be four Western Elite series races toward series standings. The Utah Tech Series consists of two slaloms and two giant slaloms, and is scheduled for early January. The second event will be the February Wild West Classic technical series in Jackson with two GS and two SL. Third comes the Spring Series, consisting of two slaloms, two giant slaloms and two super G's to be held in April in Mammoth. Finally, an elite downhill will be held to conclude the series, also at Mammoth in April. Series awards will be announced in Mammoth at the conclusion of the elite series speed races.

## **Quotas**

The Western Region will select 40 men and 40 women as automatics for the entire series. The Western Region distributes an additional 40 men and 40 women slots based on a regional rank method, described below, to the five Western divisions. The Western Region Director controls a development quota of up to 15 men and 15 women for the events. In addition, the USST, the other regions, and foreign countries have quotas for the races.

## **Automatics**

Forty men and forty women will be selected as automatics for the Western Region Elite FIS Series. The U.S. gold and silver medal winners of Western Jr Championships events plus combined winners (when four events are contested), the gold medal winners of the J3 events and the combined when awarded contested in the previous season (if age eligible, a J2, in the current season), and the J2 National Junior Olympic event medalists (gold silver, and bronze medals) minus the combined, who are from the West, will be named as "Regional Automatics".

Additionally, the balance of the total of 40 automatics will be named via a USSA point selection system. Western Region will purge all "A" or J1 athletes not registered with FIS as of October 1, current US Ski Team members, or any Western Region athlete who did not start a regional Elite FIS race the previous year. The list will be based on the summer USSA points list (usually July) of the previous season (this list has variously been known as either the last list, or the first list but will be that list which is valid on October 1). The selection board will be arranged in the order downhill, slalom, giant slalom, super G. Selections will be made left to right on each row and from top to bottom on the list until the quota is filled. The points on the last row reached in each column will be the automatic point cutoff in that discipline.

In addition to the selected athletes, any regional transfers whose USSA points fall below the cutoff in any discipline will be automatics. During the season, any competitor whose points on the current USSA list are below the cutoff in any discipline will become an automatic. Automatics are eligible to attend all races in the FIS Elite series. The Automatic list will be purged of all those members known to have left Western Region prior to the first selection deadline (October 1) and extended to an equivalent number of athletes on the original automatic selection board. This purge will not affect the point levels for attaining automatic status in season listed below.

## **2008-2009 Automatic Achievement Event Point Levels**

### **Women**

Downhill	102.25
Slalom	61.16
Giant Slalom	58.07
Super G	68.90

### **Men**

Downhill	75.87
Slalom	42.96
Giant Slalom	39.97
Super G	33.74

## **2008 -2009 Western Region Automatics (November 1)**

### **MEN**

Friedman, Bryan	Wormhau dt
Kung	Moffat
Spencer, Dane	Sheehan
Sweetser	Baker
Veenis	Conway
Weiss	Wolosyn
Bartels	Reynolds
Harris, Marti	Lowman
Hammer, Max	Benge
Cook	Warner
Love	Brockett
Jampolsky	Goldberg
Fink-Debray	Krueger
Shampeny	Horn
Britvar, P	Dunham
Cohee	Lamar
Caston, M	Coxon, K
Collins, Shane	Noges, C
Vest-Burton	Snow, Scott
Andersen, E	Kircher, Andrew

### **Women**

Hitchcock	Rachleff
Lonza	Hall
Lyons	Patient
Williams, K	Kistler, C
Victory	Gill
James	Hearn
Collinson	Wieringa
Wales	Bacharach
Dingle	Berther
Cartmill	Dupratt
Horst	Grizwold
Cortopassi	Goyne
Anthony	Caston
Bell	Frank
Laswell	Stumpp
Bragg	Kraft
Gasmann	Porges
Kistler, L	Staples, Sydney
Harris	Peterson
Smith, S.	Naatz, E.

## Regional Rank Quota Method

Forty men's and Forty women's slots will be allocated among the divisions based on their percentage of the total number of Western athletes listed on the last spring/summer age ranking USSA point lists from the prior year for 15,16,17,18, and 19 year old racers. Competitors who are not members will be deleted from the age ranking lists, and the lists extended to include 50 racers in each age group and discipline.

The number of top 50 age ranked competitors from each division will be determined by summing the number of each division's 15, 16, 17, 18, and 19 year old athletes appearing on the ranking list in downhill, the number appearing in slalom, the number appearing in GS and the number appearing in super G. An athlete who is aged ranked in all four disciplines will be counted four times. The Western Region total will be the sum of the division totals. Minimum quotas for any single division are 4 men and 4 women.

	<b>Alaska</b>	<b>Far West</b>	<b>IMD</b>	<b>Northern</b>	<b>PNSA</b>	<b>Directors'</b>
Men	4	12	13	4	9	≤15
Women	4	14	10	4	10	≤15

## Regional Directors' Quota

The Western Region Director will have a quota of up to 15 men and up to 15 women for all races in the Western Region FIS Series and FIS Elite. This quota will be used for development purposes and/or field enhancement. Only divisions that use discretionary selection to fill 20% of their quota to an event for development purposes may nominate additional athletes for inclusion in this quota.

Nominations must be made by the respective divisional office in conjunction with the divisional ACC chair or other individual designated by the division to perform this function. Divisions may only submit 5 names per gender in any series of races and only a total of 30 names per gender for the season 2006-2007 for consideration to the regional director's quota. The quota will be filled from the nominations plus additional athletes proposed by the Western Region Coach and/or Development Manager.

The quota will not be filled if 1) the regional director, in consultation with the event organizer determines that the resulting field size would be too large, or 2) if the "development" purpose of this quota is being abused. The purpose of the quota is to deal with exceptional circumstances, not as a field or quota expansion devise, However, in extraordinary circumstances, the Director with the agreement of the Western Region ACC Chair and the event organizer may expand this quota.

The Western Region Director, in consultation with the Western Region Coach and/or Development Manager, will have final authority for naming athletes, including athletes that have not been nominated by their divisions, to the development quota.

## Western Region FIS Series

For the 2008-2009 season there will be a second tear FIS series held in the Western Region. These will be called the Western Region FIS Series. The first will be held in

January as speed races in Big Sky, MT. The second will be held in IMD at Park City in March and consist of 2 GS and two SL for men and women. All normal FIS quotas apply as it pertains to foreign nations and other USSA Regions. Unused quota slots revert to the host division. Western divisions quotas are:

	<b>Alaska</b>	<b>Far West</b>	<b>IMD</b>	<b>Northern</b>	<b>PNSA</b>	<b>Directors'</b>
Men	10	25	25	10	25	≤15
Women	10	25	25	10	25	≤15

**WR OPEN:** In years where the opening qualification series, comprised of either an Elite FIS or WR FIS series (AKA 'Development' Series), occurs after January 1 the regional calendar may include additional FIS series for men and women to be held between December 1 and the Christmas holidays.

The divisional quotas for this race series are the same method and number as for the Western FIS Series. Divisions are responsible for establishing the distribution method for their quotas. There are no "automatics" for this race. Additional slots will be allocated to the divisions as entry intentions of other regions and countries become known.

**'CLASSIFICATION' RACE:** The regional ACC shall add a race opportunity for the purpose of allowing J2 athletes to establish a race (FIS) point profile. A FIS JUN race will be scheduled in the first half of each year, generally in December prior to the Christmas holidays, in the technical disciplines. This race is not to conflict with any WR Open. Western Region quotas of the divisions will be restricted to Junior athletes. The divisional quotas for this race series are the same method and number as for the Western FIS Series. Divisions shall distribute their quotas 33.3% to first year J2s, 33.3% to 2nd year J2s and 33.3% to J1 races. There are no "automatics" for this race. Additional slots will be allocated to the divisions as entry intentions of other regions and countries become known. These additions may be restricted to 1st year J2 racers to reflect the original intent of the series.

### **Western Divisions FIS Entry League (ENL) Races**

Beginning in the 2004-2005 season Western Divisions have been permitted to schedule and conduct two ENL Series weekends in a season with the approval of the regional ACC. These races are designed to serve a level of athlete who would otherwise not see FIS racing outside their home division on a regular basis. The main purpose is to establish an international racing presence and profile for truly 'entry level' athletes in the age group 15+. Generally divisions will convert existing USSA scored race series to ENL races. For the 2008-2009 season, 2 race weekends in Far West and PNSA have been scheduled. Policies regulating the conduct of these events are different from other FIS events from both the FIS and USSA/Western Region.

From the FIS there are different vertical drop requirement reflecting the recognition that these races are design to serve entry-level athletes in homologated environment appropriate to their experience and skills. As these requirements are less stringent than regular FIS competitions there are also minimum race point levels. USSA/ Western Region has established the following guidelines to support the athletes, divisions, and clubs hosting these events:

- Quotas for ENL races will be as for FIS competitions. Foreign quotas and visiting USSA regions, East and RC (10/10 each) will be as normal. The Western Region

Quota will be primarily assigned to the host division. The region will reserve 10 M and 10 W slots for out of division athletes.

- The within-division quota will be administered through the divisional office. All other quotas will be administered through the regional staff. Entry deadline for West is 21 days, all others 7 days.
- Entry Fees shall not exceed divisional entry fee levels of the division holding the event and the discipline being contested.
- Head tax to USSA, Western Region, and the Host Division will be the same as for a USSA scored event.

## Entries

The entry deadline for events in all Western FIS series is **7 days** prior to the first event for USA athletes and foreign athletes that are members of USA clubs and university programs. All other FIS eligible foreign athletes may enter according to FIS rules. The organizer must receive the official FIS entry forms, a supplemental form listing USSA code numbers and seed points, and full entry fees by this deadline. Copies of the official entry forms are to be sent to the Western Region Office at the same time as they are sent to the organizer. Entries will be accepted from the five divisions of the Western Region, Eastern Region, Rocky/Central Region, and foreign ski associations (see Foreign Athlete Selection Procedures) for FIS events. The Junior Olympics and the Western FIS Technical Championships have age and region specific restrictions (see Junior Olympics).

## Foreign Athlete Selection Procedures

Foreign athletes, who compete full-time as part of a Western Region program must qualify for these events through the procedures of their host division. These foreign athletes will count against their host division's quota for the event. Western Region resident foreign athletes who do not qualify under their host division's selection procedures will not be allowed to participate upon penalty of loss of USSA race privileges.

[This means that those foreign athletes, who are members of USSA programs in western region and who also intent to race FIS races held in the Western Region of USSA agree to be treated in the same manner as their USA teammates in the qualification system. They do not have to agree to this. As members of foreign federations they have the right to enter FIS races according to the procedures of the FIS. However, if they do not agree to an equitable qualification system, the privilege of participation in USSA races will be withdrawn and they will be restricted to only racing FIS in the West. In this case entry will be accepted from their home country, which issued the FIS license.]

NOTE: This requirement is suspended for those foreign athletes who would qualify, as WR automatics were they USA citizens. All foreign athletes not competing full-time as part of a Western Region program must qualify for FIS events through the normal procedures set up by FIS, their national association, and USSA. An entry for these athletes is via the foreign federation of the athlete(s). The number of foreign athletes in the event may be expanded to accommodate these athletes provided that national quotas and field-size limitations are not exceeded.

**For more information on foreign athletes racing in USA races please see page 19 of the USSA Comp Guide.**

## **Divisional Selection Procedures**

Each division is responsible for establishing procedures for filling its quota to the Western FIS races. Each division may fill 20% of its quota (minimum one man/one woman) for an event on a discretionary basis. Divisions may restrict all or a portion of their quota for an event to juniors.

## **Northern Division Selection Procedures for Western FIS Series Races**

Northern Division constructs their selection boards for Western FIS races, excluding Championship events, using the USSA seed point portion of the Region's Selection Board Method (RSBM) as found on page 34-35 of the USSA Competition Guide. The seed point board will be expanded to include enough ND athletes so that the quota can be filled. Automatics will be pulled from the lists. Twenty percent of the quota may be filled at the discretion of the ND ACC. The selection boards are constructed in a timely manner after the intent to compete deadline has passed.

## **Northern Division Selection Procedures for Western FIS Open Series**

Northern Division constructs their selections boards for Western FIS Open races by using forty percent selection from the USSA seed point portion of the Region's Selection Board Method (RSMB) as found on page 34-35 of the USSA Competition Guide. (There are no "automatics") Continuing off the seed point portion of the board, another forty percent selection will be made to include an equal portion of J1's and J2's. Twenty percent of the quota may be filled at the discretion of the ND ACC. The selection boards are constructed in a timely manner after the intent to compete deadline has passed.

## **Northern Division Selection Procedures for J2 Classification Series**

Northern Division constructs their selection boards for Western FIS J2 Classification races by using 1/3 selection to include 2<sup>nd</sup> year J2's and another 1/3 percent to include first year J2's and another 1/3 J1's from the USSA seed portion of the Region's Selection Board Method (RSMB) as found on page 34-35 of the USSA Competition Guide. Twenty percent of the quota may be filled at the discretion of the ND ACC. The selection boards are constructed in a timely manner after the intent to compete deadline has passed.

## **Western Region Junior Championships**

The former regional Junior Olympic event for junior 1 and junior 2 ages has been replaced by a regional junior championship event. That championship normally will continue to be combined into a single three event championship. The event will be held in the March at Schweitzer Mountain. The races are a junior championship event and restricted to Western USA Juniors for the technical events. Entries are only accepted from the five Western divisions and foreign federations. The U.S. gold and silver medalists of each race and the combined at this championship will be named regional automatics for the entire Western Elite FIS schedule of the following season.

The Regional Director's quota for this event may be used to invite a limited number of USA non-junior athletes to enhance the competitive field in the speed events. The divisions fill the field. The divisions establish their own procedures for making their selections.

### **J3 JO and Championship Quotas**

The base field size for these events is 170 slots for both genders. This quota will be distributed based on a combination of gender population percentages and a performance factor based on divisional performance in the prior year's championship event for the J3 and J1&2 respectively. These quotas are recalculated annually.

The population data will be derived from the divisional populations on the USSA points list valid on April 15 of the preceding season. The population of each division is the sum of both genders of the age categories for the respective events (J3s for JOs and J1 & J2s for the Junior Championships).

The performance allocation will be based on the previous year's performance by each division, using each gender counted separately but including both in the total, as a percentage of the region factored into a total field size for both genders of 170. The events included in the equation will be the Giant Slalom and Super G for both championships and Junior Olympics. Those competitors finishing within 10 percent of the winning time will be included in each division's total score.

No division will have a quota of less than three women and four men. Each of the three "large" divisions will surrender one slot in each gender to be allocated by a 'director's quota' assignment to the "small" divisions. There is no set quota by gender. The field size is held constant at 170 but the number of women and men, as a percentage of that total field will fluctuate as a function of both population and performance on a divisional basis. Quotas for the J3 Junior Olympics are calculated from the prior year's J3 junior Olympics. Quotas for the Junior Championships will be the same and both based on the calculations from the prior year's Junior Championship event.

Selection methods for the Junior Championships are left to the discretion of the divisions. The technical events of both of these events are calendared as Junior only (JUN) with the FIS.

This system will be forever known as the "Corrock method".

### **Junior Championship Quotas:**

	<b>Alaska</b>	<b>Far West</b>	<b>Intermountain</b>	<b>Northern</b>	<b>PNSA</b>
Men	7	19	30	10	29
Women	7	18	18	9	23

Additional quotas are: all USST juniors from the Western Region, 15 men and 15 women from Canada, and additional foreigners per the rules for U.S. Championships.

### J3 Junior Olympic Seeding

The Board of Directors of USSA has approved a special seeding procedure for this event known as the Turton method. The field is divided into seeds of approximately 15 and each division is given slots in each seed equal to its percentage of the entire field. Each division assigns racers to seeds by its own procedures. Each seed is then randomly drawn to determine start order.

The percentage column is calculated by dividing each division's team size by the total for that gender. The percentages are multiplied by 15 to get the numbers in the first column under the 1st Seed heading. The first column in the second seed is product of the percentage and 30, minus the number in bold from the first seed. For the third seed, the number is the product of the percentage and 45, minus the bold numbers in the first two seeds. The remainders of the columns are filled out similarly. In the final seed, the percentages are multiplied by the total field size.

### J3 Junior Olympic Selection Procedures

This is the championship event for J3s from the five divisions of the Western Region. Participation is restricted to J3 (by year of birth) competitors. There is no foreign quota for this event. Foreign J3 competitors living in the U.S. may attend as part of the quota of the division in which they are competing if they have the proper membership with USSA and the division and qualify under the division's rules. J4s are not allowed to participate in this event under any circumstances. Each division is responsible for establishing procedures for filling its quota to these events.

### USSA/Chevrolet Western Junior 3 Junior Olympics

The J3 Olympics were first held in 1982. They were organized as regional events at the same time that the J2 Olympics were changed from a single national event to separate east - west events. The Western Region J3s consisted of a downhill, slalom and a giant slalom until 1986 when the downhill was replaced with a super G. A combined title is also awarded. It is determined by summing the race points of all three events. The racer with the lowest sum of race points is the winner. If only two events are contested the combined will be determined using both. If only one event is contested no combined is awarded.

The J3s rotate between the Western Region divisions. They have been held at Snow King, Incline Village, Park City, Mt. Alyeska, Mt. Reba, Bridger Bowl, Schweitzer Basin, Eagle Crest, Mt. Bachelor, Mammoth Mountain, Sun Valley, Timberline/Mt. Hood Ski Bowl, and Bogus Basin, Jackson Hole, Mount Hood Meadows, Big Sky, Snowbird, and Mammoth Mountain. In 2009 they will be held in McCall, ID. A divisional rotation and bid evaluation process has been reinstated for this event (and the J4 Festival) beginning with the coming season.

Quotas for 2009, based on the Corrock method are:

	<b>Alaska</b>	<b>Far West</b>	<b>Intermountain</b>	<b>Northern</b>	<b>PNSA</b>
Men	8	27	26	12	22
Women	8	21	20	7	19

Additionally, all Western Athletes selected for the NDS National J3 project, and the Regional selections as candidates to Topolino will be automatics to the J3 Junior Olympics, if they attend the NDS camp/Topolino respectively. They will be considered to be the Regional Directors quota and be seeded between the first and second seeds 30 (unless they have also qualified via their divisional route and are seeded as part of the first seed by the division). These are personal slots and do not expand the quota of the racer's division. They are meant to be a guarantee of access in the event that the racer's ability to qualify to the Junior Olympics is compromised by attending a national development opportunity.

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### **J3 Whistler Cup Selection Procedures**

The Whistler Cup is a FIS event for Children. It is an event that is held in Whistler, BC every April and consists of one super G, one giant slalom and one slalom for J3s. Western Region has a quota of 3 boys and 3 girls. The selection procedures for this event are the US winners from the Super G, giant slalom and slalom from the J3 Junior Olympics. If the same person wins more than one event, then the US winner of the combined will be chosen. If the quota of 3 still has not be filled, then US silver medalists will be chosen in order of lowest race points. In the event of a race(s) cancellation, the remaining races will be used for selection. If only one race is held the best three placings will be selected (In the event of multiple ties in the first two positions when only one race is held, a coin toss will determine the selection among those tied for the last position).

### **USSA Western Junior 4 Junior Olympic Festival**

2008-2009 marks the tenth year of this addition to the Junior Olympic event. The region feels a J4 event for the very best J4s in the region is appropriate, but it should not interrupt the majority of athletes' schedules for their season and their development for the future. The event consists of USSA Children's Super G, giant slalom, and slalom. A combined title is also awarded. It is determined by summing the race points of all three events. The racer with the lowest sum of race points is the winner. If only two events are contested the combined will be determined using both. If only one event is contested no combined is awarded.

### **Selection Procedures J4 Junior Olympic Festival**

This event is the championship event for J4s from the five divisions of the Western Region. Participation is restricted to J4 (by year of birth) competitors. There is no foreign quota for this event. Foreign J4 competitors living in the U.S. may attend as part of the quota of the division in which they are competing if they have the proper USSA membership with the division and qualify under the division's rules. J5s and J6s are not allowed to participate in this event under any circumstances. Each division is responsible for establishing procedures for filling its quota to this event. **The quota is 3 boys and 3 girls per division.**

### **J4 Whistler Cup Selection Procedures**

The Whistler Cup is a FIS event for Children. It is an event that is held in Whistler, BC every April and consists of one giant slalom and one slalom for J4s. Western Region has a quota of 2 boys and 2 girls. The selection procedures for this event are the US winners from the giant slalom and slalom from the J4 Festival. If the same person wins both events, then the US silver medalist with the lowest race points is chosen.

In the event that either the slalom or the giant slalom is not held, the super G event will be used for selection provided it was held. If only one event is held, regardless of which event it is, the gold and silver medalists (or those tied for 1st, two individuals only) will be selected.

## **Western Region 2008-2009 Topolino Shootout Camp**

For the 2009, western region will hold a Topolino Shootout Camp, January 2 – 5, 2009 to select the top male and female athlete to represent Western Region at the Topolino project. Selections for the Western Region Topolino Shootout Camp will be made from the 2007-08 J3 Junior Olympics held at Bogus Basin, ID. The top 15 boys and top 15 girls who raced as J3s and will remain as J3s for the coming season will be ranked using the "old" 25-1 world cup scoring system. All three events will be scored. In the case of a tie(s) for the 15th position all tied athletes will be included in the invitation. Four alternates will be ranked by continuing down the list. In case of athletes declining the invitation alternates may be included. All J4 athletes qualifying to Whistler Cup and the NDS JCC will be included in the invitation to participate in the Western Region Topolino Shootout Camp. The Regional Director will have a quota of up to 4 boys and 4 girls. All Western Region J3 competitors are eligible for consideration. The list will be published in advance, prior to October 1. Intent to compete is due December 1, 2008. The format of the event will be one day of training in tactics, one day training SL and GS followed by one day of GS time trials and one day of SL time trials. Each competitor will have the opportunity to take three runs in each time trial. Each run will be scored separately using the "old" 25-1 world cup scoring system where the fastest time receives 25 points and the 15<sup>th</sup> fastest time receives 1. This system is described in detail in the USSA Alpine Competition Guide. The final ranking list is determined by adding the points of the best 2 runs of GS and best 2 runs of SL together for each racer. That sum of points is the racer's score. The highest total number of points scored in each gender is the time trial winner and the West's nomination to the NDS for the Topolino competition. In the event of a tie for first place it will be broken in favor of the higher total number of first places in the scored runs, that is the racers with the most wins (25 points) in their best 2 GS and best 2 SL is the winner; if still tied, the total number of second place finishes (20 points) for the scoring runs highest number wins the tie; if still tied the total number of third place finishes (15 points) and so on continuing until one of the tied racers has a majority of some placing. Additionally, all Western athletes selected as candidates to Topolino will be automatics to the J3 Junior Olympics, provided they attend the NDS Topolino project. They will be considered to be the Regional Directors quota and be seeded between the first and second seeds (unless they have also qualified via their divisional route and are seeded as part of the first seed by their division). If used they count as part of the effected divisions total allowed quota. They are meant to be a guarantee of access in the event that the racers ability to qualify to, or compete in, the J3 Junior Olympics is compromised by attending a national development opportunity.

## **Western Region NDS Fall Camp Selections 2009**

Selections will be made from the 2008-09 J3 Junior Olympics at McCall, ID. The top 3 J3 boys and the top 3 J3 girls who raced as J3s and remain J3s for the coming season plus the 2nd year J4 boys and girls will be ranked using the "old" 25-1 world cup scoring system. All events (SG, GS, and SL) will be scored. An individual's score will be

determined by totaling the points earned in all events and ranking them from highest points to lowest points. The top three J3 boys and girls + the top 2nd year J4 boy and girl will be invited to participate in the upcoming fall 2009 NDS Junior Champions Camp. A development quota of 20% will be reserved for the Regional Director to use at his discretion. In the event of a tie for first place it will be broken in favor of the higher total number of first places in the second runs, that is the racer with the most wins (25 points) is the winner, if still tied, the total number of second place finishes (20 points) for the scoring runs highest number wins the tie; if still tied the total number of third places finishes (15 points) and so on continuing until one of the tied racers has the majority of some placing. In the event of a last place tie, the qualifier will be determined in the same manner described above; the racer with the majority of higher ranking placing will win the tie. In the case a tie exists after the previous tie breaking procedures, the tie will be broken by summing the total number of race points in GS and SL for each athlete, the athlete with the lowest combined race points will be the winner of the tie. In the event that qualified athlete(s) cannot attend the alternate list will be established in the same manner.

## **Northern Division Individual and Team Awards**

### **Jim Barrier Gold Cup**

The Jim Barrier Gold Cup is Northern Division's premier race series. This is a continental cup type competition for the top racers in Northern Division. Races counting for Gold Cup points are the J1, J2, J3 qualifiers and the OHG and are open to all A, J1, J2, and J3 competitors. Recognition of these athletes will be at the Over the Hill Gang race.

### **Jim Barrier Gold Cup History**

Born in 1940, Jim Barrier grew up skiing for the Flathead County High School. During the years 1956-1959, he was the #1 ranked alpine racers in Montana. He tried out for and was picked to be one of four alpine skiers to compete as a member of the US Olympic Ski Team at the first Winter Olympic Games held in the United States, 1960 Squaw Valley, California. He finished 16<sup>th</sup> in the GS, but fell in the slalom. He did not compete in the DH.

Jim Barrier earned a four year skiing scholarship at MSU, but broke his leg in the fall of his freshman year. He joined the US Army, and skied for the Army. After discharge, he was a ski coach at Schweitzer. He convinced PNSA to hire him as the Divisional Coach, introducing the first junior ski racing seeding system in the United States. In 1966, 1967, and 1968, he also worked with Bob Beattie and Gordon Easton as Assistant Men's Coach for the United States Ski Team. After the Olympics, he was hired by the Head Ski Company to develop a fiberglass ski made by Dura Fiber, which was called the Head XR-1. After Head Ski fell on hard times, Jim became president of Dura Fiber Ski, which also fell on hard times. His experience in business and manufacturing led him to a successful career in business working for Kaiser Electro Precision and Kaiser Aerospace. Jim died of cancer in 2000.

## **Bill Kenney Cup**

The Bill Kenney series runs parallel to the Gold Cup Series. This is a continental cup type competition for J1, J2, and J3 competitors in Northern Division. Bill Kenney Race Series is open to all Northern Division competitors enrolled in grades seven through twelve meeting point qualifications.

## **Little Hollow Team Cup**

A club (team) award will be given at each Northern Division race. The award is for quality and not quantity. It is intended to promote junior racing, club spirit, and unity. At season's end the top three overall clubs will be recognized and awards presented at the Over the Hill Gang race.

Club points will be calculated as follows:

**Men:** "Total men's points" is equal to the number of Northern Division junior clubs entered times four (regardless of the numbers of competitors representing a club, only the top four placing men will be considered in calculating points). Among the competitors representing Northern Division junior clubs, the highest placing individual is awarded a score equal to "total men's points", the second place individual is awarded a score equal to "total men's points" minus one, and so on. Once four members of a club have been awarded a score, no more members from that club will be awarded a score. Club men's points are equal to the sum of the four individual points awarded. Club points are limited to finishing competitors; there is not an average or handicap score awarded to the clubs with fewer than four finishing competitors.

**Women:** Same as the men only change the multiple from four to three. Once three members of a club have been awarded a score, no more members from that club will be awarded a score. Club women's points are equal to the sum of the three individual points awarded.

Total club points are equal to the sum of club men's and club women's points. The weekend series' club award will be given to the club with the highest club points.

Total club points will be accumulated over the season. Season club awards will be presented to the clubs accumulating the first, second, and third highest club points. These will be recognized at the Over the Hill Gang race.

## **Little Hollow Cup History:**

### **Bud Little:**

Amos Rogers Little II (Bud) skied on the Dartmouth ski team from 1936 through 1939. Also on the team was Bud's friend Dick Durrance, Americas fastest skier in the very first Winter Olympic Games featuring Alpine Ski Racing. Bud won the slalom at Lake Placid while at Dartmouth and won the Western Maryland Downhill while in medical school at John Hopkins University. Bud served as a doctor in the U.S. Air Force during WWII. He moved to Helena in 1946 to

become a well-known local physician. Bud raced in the Divisional Championships in Montana in 1946, 1947, and 1948. He was President of Northern Division in 1950 and 1951. Bud was Chairman of the Alpine Championships held in Whitefish in 1949 and 1950. He was the spark plug for a lot of racing in Montana in the late 1940's and early 1950's.

Bud served on the governing board of the National Ski Association (now USSA) from 1948 to 1973. Each year, USSA presents the Bud and Mary Little Award to a person who has distinguished him/herself in international skiing.

Bud was Chairman of the Alpine Selection Committee for the US Olympic Ski Team in 1960. As manager of the US Ski Team in 1960 he took the US Ski Team to Europe and Squaw Valley, California.

Bud was a member of the FIS Alpine Committee from 1960 to 1967. He served as Vice President of the FIS from 1967 to 1992.

### **Rogers Little:**

Rogers was born in Helena and raced in Montana and the Northwest as a junior and high school racer. He won two Northern Division Championships and was runner up at the Junior Nationals. He attended the University of Colorado on a full-ride skiing scholarship. He was mentored by Billy Kidd, and became a two time NCAA All-American as a junior and senior. He was on the US Ski Team from 1966-1972, and on the "A" team from 1970-1972. He won the Mt. Werner Classic at Steamboat Springs and the Vail Trophy Races and placed well in various World Cup races in Europe. He was named to the US Olympic Ski Team for the 1972 Sapporo, Japan, Winter Olympic Games, but tore his ACL in St. Mortiz, Switzerland just before the Olympics. He was head coach at Winter Park, Colorado, 1972-73 and 1977-1981 and was President of the Rocky Mountain Division. He has been head coach at Great Divide off and on since 1983. He is an estate attorney in Helena.

### **John Hollow, Jr.:**

John was born in Helena and raced in Montana before and during his high school years. He attended four Junior Nationals, finishing fourth in the downhill at Sugarloaf, Maine, and second in the three events combined. He was a SkiMeister competing in jumping, nordic, downhill, and slalom. He skied for the University of Colorado Ski Team from 1962-1964. While continuing college studies and the University of Montana, he coached the U of M Ski Team in nordic, jumping, downhill, and slalom. After a stint as a Navy Seal in Vietnam, he was Equipment and Travel Manager for the US Ski Team, 1970-71, and traveled with the team to Europe. Upon returning to Helena in 1980, he re-established Junior Alpine Racing at Great Divide where he coached for several years. He was President of the Northern Division for several years and has been a TD in Northern Division for many years. He is an attorney in Helena.

### **Other Little Hollow Racers:**

Bob Hollow raced with the first Northern Division Junior National Team at Winter Park, Colorado, which was coached by Martin Hale.

Peggy Hollow-Phelps raced at several Junior Nationals, skied on the University of Colorado Ski Team, coached at Winter Park and Great Divide.

Jim and Sue Little skied at various Junior Nationals, as well as the University of Colorado Ski Team.

There are several Little Hollow third generation racers who are currently, or have within the last ten years, skied in the Northern Division and at Western Region Junior Olympics. One of them, Obrien Hollow, won the Northern Division Gold Cup in 1992 and went onto coach with the Missoula Ski Education Foundation.

### **YSL Championship Trophies**

These are awarded to Super Combined champions, team and individual, during the YSL Championship Series in Northern Division. All three events will be scored for teams and individuals. The top three placing male and female athletes from the results sheets from each team will be scored for the team result. The individual champions will also be scored by placing on the results sheet from each of the three disciplines. Old World Cup Points will be utilized for scoring.

### **ND Academic Awards**

Recognition of those athletes who have displayed both academic and athletic success will occur at the Over the Hill Gang races. Athletes are responsible for submitting a copy of their transcript to the Northern Division Manager by March 15, 2009 to be considered.

**Criteria:** athletes must have at least a 3.65 grade point average and be selected to attend the J1-J2 Western Region Championships.

# Northern Division / USSA

## *2008-2009 Northern Division Team Agreement*

### *Team Rules*

Members of USSA Northern Division Teams, attending competitions on the USSA/Northern Division quota, traveling with or as part of a competition trip organized by the staff of USSA Northern Division, or attending any training camp or project as part of a Northern Division Group, are required to fully abide by the USSA Code of Conduct.

### Additionally, team members:

- Will pay all fees and return all forms in a timely manner, by the published registration date for each project and inform the divisional office and project leader of any changes to travel itineraries; Forms must be on file with division in order to appear on selection boards.
- Will provide Northern Division with a credit card number to use in case payments are not made in a timely manner (complete the credit card authorization form) or a \$ 1,000 deposit.
- Will fully participate in the organized accommodations unless excused at the time that selections are made;
- Will attend all team meetings and training activities on time and fully prepared;
- Will observe any curfew established by the coaching staff;
- Will not use or possess illegal drugs;
- Will not illegally use or possess alcohol;
- Will not use or possess alcohol in the team accommodations, the team vehicles, or in the presence of team members who are not of age;
- Will reside in the room to which they are assigned and will share responsibility with their roommates for damages, cleaning charges, and rule violations that occur in the room when it is not possible to establish individual responsibility;
- Will observe any additional rules established by the head coach of the project

Violations of these rules may result in suspension from the team, project, camp, or current competition and in loss of the opportunity to participate in future teams and or projects. Athletes can be sent home at athlete's own expense.

### *Agreement*

I, the undersigned USSA competitor, have reviewed these rules and the "Rules for Northern Division Quota Team Travel and Competition" and the "USSA Code of Conduct" as printed in the USSA Alpine Competition Guide and the web site, and agree to abide by all applicable rules and procedures in my participation in any divisional training or competition project during the current season.

I realize and agree that a violation of the rules may result in my immediate suspension from a team, and in the loss of all team services including representation at Team Captains' and Jury meetings, training, housing, meals, transportation, or any other service associated with being part of that quota

team or project member. I realize and agree that I will receive no refund for the unused portion of these services. If suspended, I will be prepared to make whatever arrangements are necessary in order to return home or continue to compete in the immediate event, should that be permitted. I realize that actions that are violations of law may result in my arrest, and that it may be my responsibility in such a case to notify my parents or legal guardians and/or to make such arrangements as may be necessary for my release and return home. This agreement shall be valid for all projects in the 2008-2009 training and competition season.

Competitor's Name [Print or Type full legal name]:

\_\_\_\_\_

Competitor's Signature:

Date:

\_\_\_\_\_

\_\_\_\_\_

Athletes under 21 years of age must have the following section signed by both parents, or legal guardians:

We, the undersigned, parents or legal guardians of the above competitor, having read and understood the Team Rules, agree to allow our child to participate in Northern Division training or competition teams for which he/she may be eligible according to those rules. We understand and agree that if our child violates these rules and procedures, he/she may be immediately suspended from the Northern Division project with the loss of all team services. We agree that in any case where our child's actions result in his/her arrest, that sole responsibility for notifying us rests with our child and the local law enforcement officials, and that we are solely responsible for such actions as may be required to secure his/her release and return home. We realize, acknowledge, and agree that a possible penalty of conduct violations during a camp, project or competition is complete suspension from the event being attended and that further disciplinary actions may be undertaken according to the provisions of the USSA Code of Conduct. This agreement shall be valid for all projects in the 2008-2009 training and competition season.

Father's full legal name

Mother's full legal name

\_\_\_\_\_

\_\_\_\_\_

Father's Signature:

Mother's Signature:

\_\_\_\_\_

\_\_\_\_\_

Date:

Date:

\_\_\_\_\_

\_\_\_\_\_

**2008-2009 Northern Division Medical Release**

Name: \_\_\_\_\_  
Birth Date: \_\_\_\_\_  
E-Mail: \_\_\_\_\_

Street Address: \_\_\_\_\_  
City, State \_\_\_\_\_  
Cell Number: \_\_\_\_\_

Father: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
E-Mail: \_\_\_\_\_  
Cell Number: \_\_\_\_\_

Mother: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
E-Mail: \_\_\_\_\_  
Cell Number: \_\_\_\_\_

**Insurance Coverage:**

Company: \_\_\_\_\_  
Policy Number: \_\_\_\_\_

Identification #: \_\_\_\_\_  
Expiration Date: \_\_\_\_\_

**Medical History:**

Allergies: \_\_\_\_\_  
Medication: \_\_\_\_\_  
Other Medical Information: \_\_\_\_\_

**Athlete Medical Release**

Parent hereby authorizes USSA Northern Division, and/or their named coaches, to secure any hospital, medical, dental or surgical care, treatment and/or procedures for the above named athlete. Parent also consents that in the event of injury to the athlete, coaches can sign for competitor to receive care, treatment and/or procedures, under the instructions and directions of the licensed physicians on call at the emergency room of the nearest hospital or emergency facility. The coaches shall notify Parent at the earliest possible time during or after such care, treatment and/or procedures.

Parent knowingly and voluntarily consents in advance to such care, treatment and or procedures to encourage the physicians and coaches to exercise their best judgment as to the requirements of such care, treatment and/or procedures.

Parent specifically indemnifies and holds harmless US Skiing, USSA/Western Region/Northern Division, and its coaches from any and all costs and/or claims of any nature arising out of such care, treatment and/or procedure.

**Hold Harmless and Indemnity Agreement**

For the consideration of ski racing instruction and training performed by USSA, USSA/Western Region and/or USSA/Northern Division, we, the parents or legal guardians of \_\_\_\_\_ do hereby covenant and agree to hold harmless USSA, USSA/ Western Region, USSA/Northern Division, and any of their employees or volunteer workers, for any claims for damages arising from injuries sustained by our child or ward herein named above occurring out of natural activities of ski racing instruction, racing, or traveling to and from races or training camps.

Father's or Guardian's Signature:

Date:

\_\_\_\_\_

\_\_\_\_\_

Mother's or Guardian's Signature:

Date:

\_\_\_\_\_

\_\_\_\_\_

**USSA Insurance Policy**

FIS and USSA rules require that competitors be covered by valid and sufficient accident insurance. Proof of this insurance must be carried by the racer and be available at each race or camp so that prompt medical care can be obtained, if ever needed.

**Agreement**

We have read and understood the Insurance Policy statement. The insurance policy listed on this form meets the requirements of the USSA Insurance Policy and will be maintained in force while the competitor is involved in a USSA, USSA/Western Region camp or team, USSA/Northern Division camp or team or while participating in any event on a US Skiing, USSA/Western Region quota or USSA/Northern Divisional quota. We agree that we are responsible for any and all medical charges and we agree that we will promptly reimburse USSA, USSA/Western Region or USSA/Northern Division for any expenses that they or their coaches incur on behalf of the competitor.

Athlete's Signature:

Date:

\_\_\_\_\_

\_\_\_\_\_

Parent's or Guardian's Signature:

Date:

\_\_\_\_\_

\_\_\_\_\_

# Financial Agreement with Northern Division USSA 2008-2008 travel season

For the 2008-2009 travel season, Northern Division will require a credit card number to be used by the Northern Division Manager when payments for Northern Division projects and races are not submitted in a timely fashion.

It is understood that in order for an athlete to continue to receive Northern Division support at regional events their accounts must hold a zero balance. If full payment is not made by the first day of a project/race series (including travel days), the Northern Division Manager will charge the credit card listed below or use my \$1000.00 deposit that is included with this form.

The Credit Card number will **only** be used by the ND manager when a check has not been received in the Northern Division offices by the start of the project.

### Credit Card Information:

Name on Card: \_\_\_\_\_

Billing Address: \_\_\_\_\_  
\_\_\_\_\_

Phone number: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Card Number : \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Security Code (3digits): \_\_\_\_\_

With my signature I agree to pay for any unpaid race expenses if payment has not been received by Northern Division USSA by the first day of the project, including travel days. By allowing the using my credit card that I have provided to Northern Division above I also agree to the addition of the 4% surcharge to cover extra banking expenses incurred by Northern Division. Once the credit card is processed, I will receive a statement from Northern Division showing the exact amount charged to my credit card listed above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**NORTHERN DIVISION**

**Nomination for Development Quota 2008-2009**

Name of athlete: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

USSA # \_\_\_\_\_ FIS# \_\_\_\_\_

FIS Points      DH: \_\_\_\_\_      SL: \_\_\_\_\_      GS: \_\_\_\_\_      SG: \_\_\_\_\_

USSA Points      DH: \_\_\_\_\_      SL: \_\_\_\_\_      GS: \_\_\_\_\_      SG: \_\_\_\_\_

Club/Program: \_\_\_\_\_

Indicate Event/Race Series Applying for: \_\_\_\_\_  
(Example – Topolino Shootout, WR FIS Elite)

Are there parts of the event series athlete is already qualified for? If yes, please list:

Comments as to why this athlete should be entered on Development Quota:

Comments regarding this athlete’s career and potential, including recent best results:

Comments regarding this athlete’s failure to qualify according to procedures in place:

Nominated by: \_\_\_\_\_

Affiliation: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail : \_\_\_\_\_



## Northern Division Head Tax Work Sheet

For competitions subject to Northern Division Head Tax and Northern Division Development Tax, use this sheet to calculate the head tax due on the competition. If the organizer comps competitors with the best race points, they do not pay Northern Division Head Tax on those competitors. They do pay the Northern Division development fund tax. Adjust the "Total Entries" figure and list the compensated competitors on the bottom of this form.

**COMPETITION NAME:** \_\_\_\_\_

**COMPETITION DATE(S):** \_\_\_\_\_

**COMPETITION LOCATION:** \_\_\_\_\_

		Total Entries	1 <sup>st</sup> Run DNS	Head Count
Competition 1	Code #	Men	-	=
	Code #	Women	-	=
Competition 2	Code #	Men	-	=
	Code #	Women	-	=
Competition 3	Code #	Men	-	=
	Code #	Women	-	=
Competition 4	Code #	Men	-	=
	Code #	Women	-	=
Competition 5	Code #	Men	-	=
	Code #	Women	-	=
Competition 6	Code #	Men	-	=
	Code #	Women	-	=
<b>Total Head Count:</b>				
<b>Number Compensated:</b>				
HD Head Tax = \$5.00 x Total Head Count (Do not include compensated competitors, list those competitors below) <span style="float: right;">\$ _____</span>				
ND Development Fund = \$2.00 x Total Head Count (Must include any ND compensated competitors) <span style="float: right;">\$ _____</span>				

Send 1 copy of the start list, results, and this form to Sherri Hale, Northern Division Manager, P.O. Box 217, Whitefish, MT [59937](mailto:59937), [nodivmanager@centurytel.net](mailto:nodivmanager@centurytel.net), within 10 days following the competition. Checks should be made payable to Northern Division (indicate what each check is for).

Completed by \_\_\_\_\_ Dated \_\_\_\_\_

Telephone \_\_\_\_\_

List of competitors compensated: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_